Volume 9, Number 1 January 15-28, 1994

UCSF Newsbreak

Clemente-Lambert, Giacomini, Quest are MLK Award winners

UCSF takes great pride in awarding three members of the campus the annual MLK Awards. All awardees exemplify the qualities of Dr. King, particularly his advocacy for civil liberties and freedom for all. This year's winners are: Elba Clemente-Lambert, senior labor relations analyst, Labor & Employee Relations; Kathleen M. Giacomini, professor of pharmacy and pharmaceutical chemistry; and fourth-year School of Medicine student Tammie Quest.

The entire campus is invited to join Chancellor Martin in honoring the recipients at a reception on Tuesday, January 18, from 4 to 5 p.m. in the Millberry Conference Center. The Gospel Choir of UCSF will perform.

Clemente-Lambert is one of the first members of the UCSF Black Caucus. Co-founder of the Martin Luther King, Jr. Commemoration Committee, she also has been actively involved in organizing Black Heritage Month since its inception. As an African-Latino-American woman, she has been particularly concerned about other women on campus, and is a strong advocate of the group Circle of Sisters. A supporter of the UCSF Child Care Study Center, EMPACT! and the Women's Resource Center, she also has served on the Chancellor's Task Force on Cultural & Ethnic Diversity, and has been a member of the Chancellor's Committee on the Status of Women for several years. Of special significance is the strong liaison she maintains between the Black Caucus and the community group Grandparents Who Care, which consists of grandparents who are rearing their drug-exposed grandchildren.

Clemente-Lambert also is involved with the Omega Boys Club of Potrero Hill, which motivates boys and girls to graduate from high school and continue on to college.

Giacomini, a faculty member since 1981, "has continually promoted and advanced the recruitment and retention of underrepresented minority graduate students and postdoctoral scholars." A woman of Filipino-American background, Giacomini has been at the center of many women's issues on campus in her capacities as a member of the Chancellor's Committee on the Status of Women and the Academic Senate Equal Opportunity Committee, both of which she has chaired. For the last two decades she has not only promoted respect for cultural and ethnic diversity on this campus, but has worked to bring this about. She is the primary author of a handbook — describing strategies for retention and promotion of faculty members, including women and minorities, in academic health sciences — which has become a model for other schools throughout the country.

For the past three years, Giacomini has directed the Pharmaceutics & Toxicology Pathways of the Graduate Program in Pharmaceutical Chemistry. As such, her impact has been substantial in making recruitment decisions for the inclusion of minority students.

On top of all of this, Giacomini has an international reputation in the study of molecular mechanisms involved in the transport of drugs across epithelial cells. Just two months ago she was elected a fellow of the American Association of Pharmaceutical Scientists.

Quest is a member of UCSF's Black Student Health Alliance, and for three years has served as liaison to the Dean on minority student issues, devoting time and energy to the School of Medicine Admissions Committee. She is on the UCSF Committee on Recruitment & Retention and serves as a role model for college students as an instructor in organic chemistry and biology for a Medical College Admissions Test review program and as a chemistry teacher at the New College of San Francisco. A member of the Alpha Omega Alpha Honor Medical Society, Quest has earned honors in all of her third-year clinical clerkships and is recognized as a "superb clinician."

A 1989 graduate of UC Berkeley, Quest founded and coordinated the Maxwell Park Elementary School Tutorial Program. She has served as chapter vice president and president of the Student National Medical Association and helped coordinate its 1993 convention.

A full week of MLK events

The awards ceremony is just one of several activities the campus is sponsoring to honor the life of Martin Luther King, Jr. under the theme "Non-violence: Empowerment Can Make a Difference."

The same day as the awards reception — Tuesday, January 18 — at noon in Mount Zion's cafeteria, children from the George Washington Carver Academic Elementary School Choir will perform.

Also at noon in Rm. 125 at Mission Center, Elizabeth Parent will discuss "Accessibility of Health Care." Parent is chair of the Department of Native American Studies, School of Ethnic Studies at San Francisco State.

The following day, on Wednesday, January 19, be prepared to see dance performances, sample different ethnic foods and have the opportunity to buy unique crafts at the MLK Cultural Festival. Held from 11:30 a.m. to 1:30 p.m. in the Millberry Gym, the festival this year will feature folk music from Peru, Bolivia and Ecuador, a South African Dance Troupe, Vietnamese dance, music from the Middle East, and excerpts from Dr. King's speech by students from the UCSF Black Student Health Alliance. Seventeen campus organizations will be selling, among other things, traditional handmade crafts from Iran,

(continued on page 2)

Clemente-Lambert

Giacomini

Quest

Bainton is new Vice Chancellor

Dorothy Ford Bainton has been named UCSF's new Vice Chancellor of Academic Affairs, replacing David Ramsay who recently stepped down. At this writing, the appointment to be effective February 1, still was subject to Regents' approval. After a leave of absence, Ramsay will return to the faculty to teach and conduct research.

After an eighth-grade biology course inspired her to become a doctor, Bainton earned her bachelor's degree at Millsaps College in Jackson, Mississippi, and her MD degree from Tulane, where she was one of four women in a class of 128. She continued her education by earning a master of science degree in pathology at UCSF, with a special research interest in hematology.

She joined the UCSF faculty in 1969 and in 1987 was appointed chair of pathology — which made her the first woman ever to chair a department in the School of Medicine.

Both a researcher and clinician, Bainton is well known for her work showing how white blood cells develop and mature in the bone marrow to become the primary line of defense against infection. Much of what is written in textbooks today about the development of white blood cells was originally described by Bainton.

Her research in 1986 won her a Merit Award from the National Institutes of Health, and she has received numerous other awards, including election to membership in the Institute of Medicine of the National Academy of Sciences and in the Association of American

(continued on page 2)

Martin appoints committee to investigate radiation studies

Chancellor Joseph B. Martin has appointed a committee of administrators and faculty members to investigate recent media reports alleging that several UCSF patients received experimental radiation treatments in the 1940s as part of a classified research program conducted by the federal government.

The Chancellor's Ad Hoc Fact-Finding Committee on World War II Era Human Radiation Experiments will attempt to determine the facts about the scientific nature of any experiments conducted under the auspices of what is now UCSF and to reach a conclusion about the ethical nature of the experiments. Roy A. Filly, professor of radiology and ob/gyn, will chair the committee.

Other members asked to serve on the committee include experts in a wide variety of specialties, including radiology, nuclear medicine, medical ethics, and anthropology, and a member of the public.

Because the research occurred more than 50 years ago (during and after WWII), the investigation could involve reviewing records stored in archives at UCSF and at UC Berkeley, of which UCSF was a part in the 1940s.

Although some newspaper reports have listed the UC Hospital in San Francisco as one of the institutions under review by the Department of Energy for radiation research during the 1940s, UCSF has not been contacted by any governmental agency requesting information about patients involved in the alleged research. UCSF will attempt to comply with any future requests from the agencies.

The California Confidentiality of Medical Information Act prohibits the release of patient medical information without the written authorization of the patient, the patient's spouse, or the patient's family or legal representative. Without this authorization, a medical center may provide only the name, address, age, sex, general condition and general description of the reason for medical treatment.

In the event a patient dies while hospitalized, a medical center may provide the information contained on the death certificate, including the patient's name, age, place of residence, and cause of death and the name of the doctor who signed the document.

The Chancellor's Fact-Finding Committee will attempt to compile as much of this information as possible about patients who may have been treated at UC Hospital as part of the radiation research.

Today, all medical research at UCSF involving human subjects is reviewed and overseen by the UCSF Committee on Human Research in accordance with stringent ethical and safety guidelines in order to better diagnose, prevent, and treat specific human diseases and disorders.

No need to recirculate Laurel Heights EIR

The California Supreme Court on December 30 overturned a lower court order requiring UCSF to seek additional public comments on the latest Environmental Impact Report (EIR) detailing plans for the Laurel Heights facility.

The court rejected a 1992 ruling by the First District Court of Appeal in San Francisco requiring UCSF to recirculate the Laurel Heights EIR. The Court of Appeal now must consider the validity of other objections to the EIR.

UCSF purchased the Laurel Heights building in 1985 to ease a severe space shortage at the main campus site at Parnassus Heights. In 1986, a homeowners' group known as the Laurel Heights Improvement Association filed the first in a series of legal challenges to UCSF's plans to occupy the 353,000-square-foot building.

The campus prevailed in two other suits filed by the homeowners' association, but the delay caused by the legal challenges and rapidly rising costs of developing laboratories recently prompted UCSF to begin a re-evaluation of the Laurel Heights plan.

"We are eager to reach an understanding with our Laurel Heights neighbors that will allow us to put the disagreements behind us and work together to devise a plan that will benefit UCSF and the community," says Chancellor Joseph Martin.

Martin noted that along with the ultimate decision on the Laurel Heights building the

(continued on page 2)

Gazette

Scholarships to Two Dietetic Interns

Kathleen Bell (right) and Noga Meiri, both participants in the Dietetic Internship of the Medical Center's Department of Nutrition & Dietetics, have received scholarships from the American Dietetic Association to support their one-year training program. The interns, in addition to learning about food service management for patients and in the cafeteria, work on inpatient and outpatient nutrition assessment, care planning and counseling. They also work with nutritionists in various community agencies to learn about the diversity of job opportunities for dieticians.

In Memoriam

Loraine M. Newman: Life member, Chancellor's Associates; founding member, Heritage Circle; member & director emeritus, Hospitals Auxiliary Board; member, volunteer steering committee, Mothers & Children Campaign. A longtime friend and dedicated donor to UCSF, Newman supported many projects on campus including the Student Affairs Lounge, the Loraine Newman Research Fund for Cardiovascular Research, the Marilyn Reed Lucia Child Care Study Center, the Hospitals Auxiliary and the Brain Tumor Research Center. In appreciation of her generous gift to the new library, the second floor was named in honor of Newman and her husband, Louis. Newman also was the aunt of Walter Newman, UCSF Foundation member and a major donor. She was 95.

Laurel Heights *(from page 1)*

campus faces several other major planning decisions in the next six months, including a proposal to lease or buy a new 100,000-square-foot biomedical laboratory building in the Bay Area, a possible lease of the Letterman Army Institute of Research building in the Presidio, and the selection of one or more major expansion sites in the Bay Area as part of UCSF's new Long Range Development Plan.

This Supreme Court decision provides an important benefit to the public beyond the immediate controversy over Laurel Heights, says attorney Jerome B. Falk, Jr., who argued the case for UCSF.

"The homeowners' association used the issue of recirculation to delay an important public project," Falk says. "That is why the University asked the Supreme Court for a clear statement of the law so that future projects could not be delayed in the same manner. The Supreme Court's decision lays out a clear and workable test for determining when an EIR must be recirculated."

Bainton *(from page 1)*

Physicians. She is a past president of the American Association of Pathologists.

On campus, she was honored in 1985 with the first annual Career Achievement Award, created by the UCSF Women's Faculty Association to recognize outstanding women in the School of Medicine who excel in their academic, scientific and humanitarian roles.

She is a member of the editorial boards of *Blood Cells,* the *American Journal of Pathology,* and the *Journal of Laboratory and Clinical Medicine.*

Honors & Awards

Elliot Rapaport: Honored by the SFGH Employee Activity Committee and the SFGH administration for his 47 years of service to the hospital. He was recognized with other SFGH staff celebrating 10 years or more at the hospital at a dinner last October. Rapaport is professor, medicine; associate dean, School of Medicine, SFGH.

John A. Starkweather: Named a member of the NIH Division of Research Grants Advisory Committee, Department of Health & Human Services. Starkweather is professor emeritus, psychiatry.

Gretchen A.W. Gooding: Elected president-elect, Veterans Administration Chiefs of Radiology, and named to the editorial boards of *The Radiologist* and *Emergency Radiology,* two new radiology journals. Gooding is professor & vice chair, radiology; chief, radiology, VAMC.

Creig S. Hoyt & **Robert J. Gilbert:** Honored at the 10th anniversary celebration for Support for Parents with Special Children. Both were noted for their outstanding work with children with disabilities. Hoyt is professor & vice chair, ophthalmology; director, pediatric ophthalmology. Gilbert is clinical professor, orthopaedic surgery.

Gordon

Newton C. Gordon: Elected president, National Society of Oral & Maxillofacial Surgeons for a third consecutive one-year term. Gordon is clinical professor, oral & maxillofacial surgery and chief, oral & maxillofacial surgery service, SFGH.

Steinbach

Lynne S. Steinbach: Elected president, American Association for Women Radiologists. Steinbach is associate professor, clinical radiology.

Helping to coordinate the first Chancellor's Award for the Advancement of Women are the following committee members: (Left to right) Ruth Weiller, Chancellor's Office; Barbara Gerbert, School of Dentistry (chair); Maxine Papadakis, Clinical Medicine; postdoctoral orthodontics student Stacey Quo; Randy Lopez, Personnel; Amy Levine, Women's Resource Center; Peggy Bagala, Academic Affairs; Eugene Salazar, Student Academic Services; Andy Evangelista, Public Affairs; DeLois Weekes, School of Nursing and Edna Calaustro, Surgery. Missing: Tom Bramanti, Rebecca Jackson, Bea Mallek, William Margaretten, Martha Moon, Cindy Navaro, Theresa Salazar, Pat Stevens, Gene Washington.

New award recognizes advancement of women

A new award has been established by the Office of the Chancellor, which for the first time recognizes contributions to the advancement of women at UCSF, and/or to the increased knowledge of women's health through research, teaching, and public presentations.

Each year three people — one academic/faculty, one staff, and one student — will be selected. Each winner will receive $1,000. Both women and men who meet the following criteria are eligible to be nominated:

- promoting and advancing the admission, recruitment, retention and upward mobility of women on campus;
- contributing to the generation and dissemination of knowledge of women's health through research, teaching and public presentations;
- participating and assisting in the establishment of career and academic mentoring for women;
- helping to improve campus policies affecting women;
- elevating the status of women on campus.

The deadline for nominations for the 1994 award already is just around the corner — Friday, January 28. For a nomination form call the Chancellor's Office at 476-2401. Nominations must be returned to the Chancellor's Office, Chancellor's Award for Advancement of Women, Box 0402, Rm. S 126.

The new award is the result of the work of the Chancellor's Advisory Committee on the Status of Women. For further information on the committee, call Molly Cooke (chair) at 476-4362 or Carolyn Koster at 476-4523.

MLK Week *(from page 1)*

jewelry and crafts from Kenya and a variety of ethnic foods.

Also that Wednesday, the weekly Brown Bag Lecture will feature Ellen H. Taliaferro, clinical professor, surgery at UCSF and co-founder and executive director of Physicians for a Violence-Free Society. She will discuss the Society and its work in the Bay Area and the country. The lecture will be held in Rm. HSW 300 from noon to 1 p.m.

On Thursday, January 20, Haile Debas, dean of the School of Medicine, will discuss "Health Care Reform: A Focus on Minorities" from noon to 1 p.m. in Herbst Hall at Mount Zion.

From noon to 1:30 p.m. that same day, former Army Nurse Corps Brigadier General Claire Adams-Ender will discuss "Valuing Cultural Diversity in the Workplace." Held in Toland Hall, the event is sponsored by the Department of Nursing cultural Diversity Enhancement Committee. Adams-Ender was the first African-American female nurse to earn a Military Art & Science degree from the Command & General Staff College in Fort Leavenworth, Kansas. She presently heads The Rock Inc., which promotes professional development and mentoring to young and aspiring military officers.

Also on Thursday, Elizabeth Parent will return, this time to SFGH in Carr Auditorium at noon to discuss health care issues.

Panel discussion on "Border Control"

The much-talked-about topic "Border Control & Immigration" will be the focus of a panel discussion on Friday, January 21, from noon to 1 p.m. in Toland Hall. The panel will include Arnoldo Garcia and Kathy Taktaquin, both representing the National Network for Immigrant & Refugee Rights, and Huey Johnson, director, Resource Renewal Institute, Fort Mason. UCSF's Kathleen Brown, director of Rehabilitation Services and assistant clinical professor, Graduate Program in Physical Therapy, will be the moderator.

Also on Friday at noon, Mount Zion employees will be treated in the cafeteria to the Bay View Opera House Community Choir.

If you were lucky enough to get a ticket, you will be joining other members of the campus on Saturday, January 22, at 8 p.m., at the Berkeley Repertory Theater, to hear author and performer Anna Deavere Smith deliver her critically acclaimed "Fires in the Mirror: Crown Heights, Brooklyn and Other Identities." The performance is based upon interviews Smith conducted following a 1991 incident where a Caribbean-American child accidentally was killed by a car driven by an Hassidic Jewish man. A riot ensued, which also ended in the death of the Jewish man. Anna Deavere Smith's performance is a benefit for the Women's Resource Center.

UCSF *Newsbreak*

(ISSN0891-6063) Volume 9, Number 1, January 15-28, 1994. Published by the University of California, 3333 California Street, Suite 103, San Francisco, CA, 94143-0462, 21 issues per year — biweekly, except monthly June, July, August and December. Second-class postage paid at San Francisco, CA. POSTMASTER: Send address changes to UCSF *Newsbreak,* Public Affairs, University of California, San Francisco, Laurel Heights, 3333 California Street, Suite 103, San Francisco 94143-0462.

Deadline for the next issue, which will cover January 29-February 11 will be on **Tuesday, January 18, at 11 a.m.** Please send campus news copy to Allen Balderson (476-3163), Medical Center news to Dawn Finch (476-3256), and calendar and gazette items to Michele Firpo (476-3257), all at Box 0462; fax 476-3541. Last-minute copy may be taken over the telephone by calling the above telephone numbers. The University of California is an affirmative action/equal opportunity employer.

Editor: Allen J. Balderson

Medsounds: Dawn Finch

Calendar, Gazette editor: Michele Firpo

Desk Topper: Michele Firpo

Assistant Editor: Daniel Rowe

Contributing editors: Andy Evangelista, Patricia Forsyth, Bill Gordon, Corinna Kaarlela, Jeffrey Norris, Emily Pearce, Ruthann Richter, Alice Trinkl

Photography: Mikkel Aaland (1), Allen J. Balderson (1,2), Bruce Cook (3), Dawn Finch (7,8), Robert Foothorap (1)

Judith Woodard, director, Public Affairs

Carol Fox, Jeff Miller, assistant directors, Public Affairs

Affiliation recognizes 100-year-old partnership between UCSF and SFGH

UCSF and San Francisco General Hospital have renewed their Affiliation Agreement which officially describes and recognizes a partnership more than 100 years old. The two institutions last signed a formal Affiliation Agreement some 35 years ago, in 1959.

As the country moves toward health care reform, including California's MediCal Managed Care Plan, UCSF and SFGH, which are recognized nationally for their joint leadership in AIDS, trauma and primary care for the underserved, have renewed their commitment to provide quality health care for the citizens of San Francisco.

"This is a reaffirmation of our pledge to provide the people of San Francisco with the best medical care available," says Chancellor Joseph B. Martin. "We believe that by working together we will be in the best position to meet the needs of our patients as we face a new era in health care. It is a mutually advantageous partnership which allows both institutions to fulfill their mission — to provide access to quality health services and to train the next generation of caregivers and researchers."

Before it is official, the Affiliation Agreement must be signed by the SF Health Commission, the SF Board of Supervisors, the Mayor, and the UC Regents. The agreement was presented on January 4 to the SF Health Commission as the first step in the approval process.

A typical scene at the SFGH Trauma Center

Preparing for the future

"The signing of the agreement achieves a long-standing objective and now we must go about preparing for our future. I feel proud and confident that SFGH, with its UCSF affiliation, will go forward to meet the challenges of health reform," says Richard Cordova, SFGH executive administrator.

The Affiliation Agreement defines the responsibilities of the associate dean of the School of Medicine at SFGH in administering UC's medical education, training and research programs, says Elliot Rapaport, UCSF associate dean at SFGH. It describes the budget process and the responsibilities of the chief of the Medical Staff and chiefs of medical services. It deals with legal issues such as allocation of risk (Worker's Compensation Insurance and medical malpractice insurance), the leasing of space by the University, the process by which disputes will be resolved, and issues of reporting, accountability, audits, quality improvement, and joint planning.

"The Affiliation Agreement is a framework that outlines the rights and the obligations of the two parties," said Rapaport. "It is the constitution, if you will, of our alliance. It is not a budget document, but instead spells out the details of the organization and structure of the hospital, patient care responsibilities, and clarifies the roles of each party."

A little history

UCSF and SFGH began their informal partnership in 1873 when the university provided medical staff to care for patients and brought their teaching programs to the hospital. By 1915, Stanford Medical School and UCSF shared responsibility for the medical care of patients at SFGH. In 1959, UCSF became the only medical school affiliate at SFGH when Stanford moved its medical training to Palo Alto.

"The 100-year-old partnership between the University and the city's Health Department is a pillar of valuable experience that will assist the city as it develops its managed care initiative," says Florence Stroud, interim director, SF Department of Public Health. "The long history between us has produced major medical advances, pioneering patient care programs emulated throughout the country, and national recognition for our county hospital, SFGH. In the future, we must build on this meaningful hospital base of care, and extend this successful partnership out to the community in which we both have roots."

The first contract between the city and University in 1959 was for less than $300,000 in services. The services provided by the University then were for clinical laboratories, anesthesiology, pathology and cardiology, Rapaport says.

"The contract has grown to $49 million of the $250 million budgeted by the city for SFGH," says Rapaport. Only 11 percent of the $250 million comes from the city's General Fund; the rest comes from revenues generated by SFGH, Rapaport points out. UCSF also contributes many millions of dollars to patient care activities at SFGH, he said. "Today we have more than 230 faculty at SFGH caring for patients and doing research, whereas we began in 1959 with 10 faculty members," he said.

The affiliation ... helping to keep people alive

Scores of patients have been beneficiaries of a medical care system that has helped keep them alive in the face of some perilous medical threats. The renewed Affiliation Agreement between UCSF and SFGH is the foundation for providing highly specialized programs in many medical specialities, for example in Jim Atkinson's case.

Atkinson, a 30-year-old commercial pilot, was parking his car near his Marina district home around midnight Sept. 7, 1993 when he was approached by two men in an attempted carjacking. Jim bolted from his car to feel a hot, burning sensation — a bullet in his chest.

As blood spewed from the wound, Jim managed to flag down a policeman, who radioed for help. Jim was rushed to SFGH, where the hospital's trauma team moved with rapid-fire precision to stabilize him and get a handle on the extent of the damage to his body.

Jim wept on the gurney, imagining his death was imminent. He said the scene reminded him of something out of a MASH episode: "It's like there's a war going on, and they're a MASH unit," he said. "It was like clockwork. They knew exactly what to do."

Jim underwent numerous tests and was confined to the hospital for 2 1/2 days. He received care from the broad array of personnel who make up the trauma team — surgeons, emergency and intensive care nurses, respiratory therapists and staff from the radiology department, laboratory and blood bank. His doctors, UCSF faculty members, proclaimed him extraordinarily lucky: The bullet missed all major internal targets, and his wounds proved to be only superficial. "It was the most horrible experience of my life," he said, "but it was handled very professionally." After six weeks of recuperation, he was back to his piloting job once again. Now he says he is determined to speak out to help fight the rising tide of violent crime.

Jefferson Elementary is our "adopted" school

(Left to right) Anita Harmon, Karl Morthole and an unidentified woman were among parents of Jefferson Elementary School students who attended a tour of UCSF on December 11. Here they listen to graduate student Nicole Valtz (far right) explain the research conducted in the laboratory of biochemistry chair Ira Herskowitz. Jefferson Elementary is UCSF's new "adopted" school. Campus scientists, students and staff offer their expertise and resources to teachers at the Sunset district school. This month, Robert Sweetow, director of audiology, will conduct demonstrations for Jefferson second graders who have been learning about sound.

Effective drug for osteoporosis

Drug therapy can strengthen bones and sharply reduce the risk of spinal fractures in women with osteoporosis, researchers have found in a four-year study of more than 400 women.

Women with early osteoporosis who were treated with the drug etidronate had increased bone density and suffered far fewer spinal fractures than women not taking the drug, says study leader Steven T. Harris, associate clinical professor of medicine and radiology. "No matter where we looked in the skeleton, we saw evidence the drug was having a positive effect. When all's said and done, the effect is very similar to that seen with estrogen therapy."

Until now, estrogen replacement therapy has been the most widely used treatment available to help forestall broken bones caused by osteoporosis — the "brittle bones" that afflict some 15 million Americans — in post-menopausal women. The female hormone estrogen plays an important role in maintaining calcium in the skeleton, and natural estrogen levels drop rapidly after menopause.

Many women prefer not to take estrogen, however, or cannot because of side effects. "Etidronate, although still investigational, offers these women a potential alternative," Harris says.

Etidronate belongs to a family of drugs called bisphosphonates. Although researchers don't exactly know how they work, these compounds appear to stick to bone and prevent mineral loss. Etidronate has been used for years, with few side effects, to treat patients with Paget's disease — a disorder in which bone is rapidly broken down. "So it seemed reasonable," Harris says, "that smaller doses of etidronate might be useful in osteoporosis."

Harris and his colleagues reported their findings in the December, 1993 issue of the *American Journal of Medicine*.

Today/Tomorrow

15 Saturday

THE POWER OF LANGUAGE

Dynamic Discoveries. Robert Dittler shows you how you can use language to create a better life for yourself, your children and your business or career. six hours nursing CE credit available. $49-$125. 9 a.m.-4:30 p.m. Call Marie at 476-3939 for location & more information.*

17 Monday

MARTIN LUTHER KING, JR., HOLIDAY

18 Tuesday

BREAST CANCER SCREENING SCHEDULE

Women can have low-cost mammograms — X-rays to screen for breast cancer — from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physician to have the mammogram, in addition to their doctor's full name, address (including room number & zip) and phone number to assure that results are mailed promptly. The procedure takes approximately 20 minutes and costs $60. To make an appointment call 476-2193 between 9 a.m. & 3 p.m.

Because the service has become so popular and appointments are filled by the time this calendar is published, we list only dates when the van will be at UCSF locations and when appointments are still available:

- Mon.-Wed., Jan. 31-Feb. 2: UCSF/Laurel Heights. 3333 California St. near Presidio Ave.
- Thurs., Feb. 3: UCSF/Daly City. 333 Gellert Blvd.
- Fri., Feb. 4: UCSF/Parnassus at Medical Center Way.
- Thurs., Mar. 3: UCSF/Daly City. 333 Gellert Blvd.
- Fri., Mar. 4: UCSF/Parnassus at Medical Center Way.

PLASTIC SURGERY GRAND ROUNDS: *Dupuytren's, Volkmann's & Instrinsic Contractures.* Pablo Leon, Plast. Surg. Rm. 200 1A-122, VAMC. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

ORAL & MAXILLOFACIAL SURGERY CONFERENCE: *Osseointegration: Principles & Practice.* Richard A. Smith, Oral & Max. Surg. C 701. 8 a.m.

SFGH PEDIATRIC GRAND ROUNDS: *Inflammatory Bowel Disease.* Melvin Heymann, Ped. GI. Carr Aud., SFGH. 8:30-9:30 a.m.

OB/GYN GRAND ROUNDS: *Diagnosis & Treatment of Bacterial Vaginosis.* Richard L. Sweet, Ob/Gyn, U Pittsburgh. S 1364. 9-10 a.m.

PEDIATRIC NEURORADIOLOGY/NEUROSURGERY CONFERENCE. N 721. 9 a.m.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

MOUNT ZION BROWN BAG LECTURE SERIES: *Facial Aesthetics Surgery: Turning Back the Hands of Time.* Issa Eshima, Plast. Surg., MZ. Sponsored by Campus Tours/Speakers Bureau. Herbst Hall, MZ. Noon. Call 476-4394 for information.*

HISTORY OF HEALTH SCIENCES LECTURE SERIES: *Isolation of the Sick: Europe's Response to Leprosy, Plague & Syphilis, 1200-1700.* Part of the series "From House of Mercy to Biomedicine's Showcase: A Retrospective of Hospital Life." HSW 300. Noon.*

ORAL BIOLOGY 220 SEMINAR: *Dental Implants.* Grayson W. Marshall, Jr., Rest. Dent. S 664. Noon-1 p.m.

BIOCHEMISTRY & BIOPHYSICS SEMINAR: *A Natural Products-Based Approach to Understanding & Controlling Signal Transduction.* Stuart Schreiber, Chem., Harvard. HSW 301. 4 p.m. Student lunch with speaker at noon in S 980. Sign up in S 962.

EPIDEMIOLOGY & BIOSTATISTICS SEMINAR: *From Epidemiology to Clinical Practice & Everything in Between.* Stephen B. Hulley, Prev. Sci. Group. MU 427W. 4-5 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

CRI/HEMATOLOGY-ONCOLOGY FELLOWS DIDACTIC COURSE. M 1296. 6-7 p.m.

SEA KAYAKING IN ALASKA

Scott Roberge presents his slides on sea kayaking in Southeast Alaska. Sponsored by Outdoors Unlimited and Bay Area Sea Kayakers (BASK). HSW 301. 7 p.m. Call 476-2078.*

19 Wednesday

SURGERY GRAND ROUNDS: *Pediatric Surgery.* Michael R. Harrison, Ped. Surg. Toland Hall. 7-8 a.m.

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

GASTROENTEROLOGY SEMINAR SERIES: *Unraveling the Etiology of Bacillary Angiomatosis & Related Diseases.* David A. Relman, Med., Microbio. & Imm. S 214. 8-9 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

ENDOCRINE GRAND ROUNDS: *Cellular & Molecular Mechanisms in the Control of Gonadotrophin Secretion.* Andres Negro-Vilar, Wyeth-Ayerst & Women's Health Inst., Radnor, PA. LPPI Aud. 8:30 a.m.

GASTROENTEROLOGY GRAND ROUNDS: *Pathogenesis of Hepatitis B Virus Infection.* Johnson Y.N. Lau, GI, U Florida, Gainesville. S 214. 9-10 a.m.

UNDERSTANDING COLON CANCER

Colon Cancer: Understanding the Enemy. Ernest Rosenbaum, Onc., MZ, discusses dramatic new findings in the prevention, diagnosis & treatment of colon cancer. Sponsored by Lakeside/Mount Zion Senior Medical Center. Lakeside Presbyterian Church, corner of 19th Ave. & Eucalyptus. 10 a.m. Call 586-8600.*

BROWN BAG LECTURE SERIES: (See Martin Luther King, Jr., Celebration.) HSW 300. Noon.*

MEDICAL ANTHROPOLOGY SEMINAR SERIES: *Community-Based Primary Care Project in Honduras.* Christie Kiefer, Human Dev. & Aging. Rm. 218, Laguna Honda Schl. Noon-1:30 p.m.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *New Approaches to the Treatment of Low Back Injuries.* Orthopaedist Arthur White. Conf. Rm. 3, Alta Bates Med. Cntr. Noon-1 p.m.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Indoor Air Quality Problems: Industrial Hygiene Approach.* Peggy Kivel, Pacific IHI. 2nd fl. Cafe Conf. Rm. Santa Clara Valley Med. Cntr. Noon-1 p.m.

DERMATOPHARMACY/DERMATOTOXICOLOGY SEMINAR: *Structure-Based Drug Design.* Fred Cohen, Med., Pharm. Chem., Biochem. & Biophys. N 417. 1-2 p.m.

PSYCHIATRY GRAND ROUNDS: *Responses of Rescue Workers to the Cypress Structure Collapse: Part II.* Daniel S. Weiss, Med. Psych. & PTSD Prog. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

DEPARTMENT OF NURSING CULTURAL DIVERSITY ENHANCEMENT COMMITTEE MEETING: Open to all medical center & campus members. M 169. 3 p.m. Call Diane Ayers at 476-5621.

SEMINARS IN BIOLOGY: *SH2 & SH3 Domains in Signal Transduction.* Tony Pawson, Samuel Lunenfeld Res. Inst., U Toronto. HSW 300. 4 p.m.

TRANSFUSION MEDICINE CORE CURRICULUM LECTURE: *RBC Blood Groups.* Pearl Toy, Lab. Med. & Blood Bank. L 535. 4-5 p.m.

UROLOGIC PHYSIOPATHOLOGY CONFERENCE. M 464. 5-6 p.m.

GREAT EXPECTATIONS PROGRAMS FOR PARENTS FILM SERIES: *Childbirth: An Introduction.* Video presentation of *Welcome to the World* and discussion about resources for childbearing. A 326. 7-8:30 p.m. Call 476-6667.*

LIVING WITH HIV PUBLIC FORUM: *Living with HIV While in Recovery: A Cross-Cultural Panel Discussion.* Panel discussion by recovering addicts living with HIV. Sponsored by UCSF AIDS Hlth. Proj. Rm. 125, UCSF-Mission Cntr. 7-9 p.m. Call 476-3902 for information.*

20 Thursday

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Acute Lung Injury & the Alveolar Epithelial Barrier.* Michael A. Matthay, Med., CVRI, Anes. & ICU. Toland Hall. 8-9 a.m.

PEDIATRICS GRAND ROUNDS: *Genetic Mechanisms in Childhood Cancer.* Kevin Shannon, Ped. S 664. 8-9 a.m.

NUCLEAR MEDICINE GRAND ROUNDS: *Scintomammography.* Iraj Khalkhali, Rad. & Breast Imaging, UCLA. LPPI Aud. 8:30 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *Perfluorocarbons: From Cataracts, to Trauma to Retina.* Stanley Chang, Oph., Cornell. Preceded by case presentations: *Glaucoma.* S 214. 8:30-10 a.m.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Atopic Dermatitis in the Workplace.* Robert M. Adams, Stanford. M 989. 9-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

FAMILY & COMMUNITY MEDICINE PRIMARY CARE LECTURE SERIES: *Assessment & Management of Diabetes.* John Karam, Med. & Diabetes Cntr. A 455. 10 a.m.-noon.

NEUROLOGY/NEURORADIOLOGY CONFERENCE. N 729. 10-11 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

HISTORY LOOKS AT PAIN

Pain & Culture: Historical Perspectives. Roselyn Rey, Hist. Sci. & Tech., Centre Alexander Koyré, Paris. U 456. Noon-1 p.m. Call 476-2766.

MISSION CENTER BROWN BAG SERIES: *How to Build & Preserve Your Estate.* Susan J. Campbell, Merrill Lynch. Rm. 125, MCB. Sponsored by Campus Tours/Speakers Bureau. Noon-1 p.m. Call 476-4394.*

BENNETT LECTURE

Molecular Biology of Smell. Richard Axel, HHMI & Columbia. Thirteenth Leslie L. Bennett Lectureship sponsored by Dept. Physiology. Cole Hall. 2-3:30 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEUROSCIENCE SEMINAR: *Eye & Photoreceptor Development in Zebrafish: A Story of Retinoic Acid & Ultraviolet-Sensitive Cones.* John E. Dowling, Bio. Labs, Harvard. HSW 300. 4 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 5-6 P.M.

RADIOLOGY GRAND ROUNDS: *GI/CT Interesting Case Conference.* Ruedi F.-L. Thoeni, Rad. HSW 303. 5:15-6:15 p.m.

ARTS & PERFORMANCES COLE HALL CINEMA: *Strictly Ballroom.* UCSF students & MU members $2.50; students, seniors & UCSF employees $3; general $3.50. Cole Hall. 5:45 & 7:45 p.m. (Movies subject to change.) Call 476-2542.*

PLASTIC SURGERY LECTURE/DINNER MEETING: *Cleft Lip & Palate.* William Y. Hoffman, Plast. & Reconstr. Surg. Fac. Alum. House. Dinner 6 p.m. Lecture 7 p.m. For reservations call 476-3601.*

WEIGHT MANAGEMENT PROGRAMS INFORMATIONAL MEETING: Review of weight management program options available at UCSF. A 413. 7-8 p.m. Call 476-9987.*

21 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 7:30-8:45 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *The Chinese Buddhist Qigong for Self-Healing & Healing Others.* Master Qio Yang Ma. N 721. Noon-1 p.m. Call 584-4416.*

SFGH PROGRAM IN CELLULAR & MOLECULAR MEDICINE SEMINAR: *ApoB100 Expression in Transgenic Mice.* Stephen G. Young, Med. & Gladstone. Rm. 3208, 2nd fl., Bldg. 30, SFGH. Noon.

ARTS & PERFORMANCES COLE HALL CINEMA: *Strictly Ballroom.* UCSF students & MU members $2.50; students, seniors & UCSF employees $3; general $3.50. Cole Hall. 6:30 & 8:30 p.m. (Movies subject to change.) Call 476-2542.*

22 Saturday

WOMEN'S RESOURCE CENTER WORKSHOP: *Basic Home Repair: Electrical.* Women Empowering Women tradeswomen teach how to repair wires and plugs on lamps, vacuum cleaners and other appliances and how to wire switches, outlets and attach fixtures. $45-60. N 517. 9 a.m.-4 p.m. Call 476-5222 to register.*

24 Monday

SPINE CONFERENCE ROUNDS: MU 302W. 7-8 a.m.

OTOLARYNGOLOGY GRAND ROUNDS: *Evaluation of Dysphagia in the Head & Neck Patient.* Jill Potratz & Katie Pengilly, Speech Path. *Temporal Bone Fractures.* Andy Murr, Oto. S 214. 8-10 a.m.

MELANOMA CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. Noon.

EPIDEMIOLOGY & BIOSTATISTICS SEMINAR: *The Epidemiologic Enigma of Hodgkin's Disease.* Seymour Grufferman, Fam. Med. & Clin. Epid., U Pittsburgh. MU 427W. 1:30-3 p.m.

CVRI PROGRAM OF EXCELLENCE IN MOLECULAR BIOLOGY SEMINAR: *Integration of Tyrosine Kinase & Heterotrimeric G Protein Signal Transduction Networks.* Gary Johnson, Basic Sci., Natl. Jewish Cntr. Imm/Resp. Med., Denver. S 1364. 4-5 p.m.

LABORATORY MEDICINE GRAND ROUNDS: *A Consumer's Guide to Diagnostic & Screening Tests.* Thomas. B. Newman, Lab. Med. L 535. 4-5 p.m.

URORADIOLOGY CONFERENCE. M 464. 5-6 p.m.

25 Tuesday

PLASTIC SURGERY GRAND ROUNDS: *D & C Conference.* Rm. 200 1A-122, VAMC. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

ORAL & MAXILLOFACIAL SURGERY RESIDENTS FORUM: *Surgical Repair of the Cleft Palate & Alveolus.* C 701. 8 a.m.

SFGH PEDIATRIC GRAND ROUNDS: *Psychiatric Assessment of the Child in Primary Care.* Virginia Wolfe, Ped. & Psychr., SFGH. Carr Aud., SFGH. 8:30-9:30 a.m.

OB/GYN GRAND ROUNDS: *Prenatal Diagnosis of Commonly Inherited Conditions.* Jane T. Chueh, Ob/Gyn. S 1364. 9-10 a.m.

PEDIATRIC NEURORADIOLOGY/NEUROSURGERY CONFERENCE. N 721. 9 a.m.

UCSF HONORS MARTIN LUTHER KING, JR.

The campus celebrates Martin Luther King, Jr.'s life with the following events. (See story on page 1 for complete details.)

- Tues., Jan. 18: *Accessibliity of Health Care.* Elizabeth Parent, Native Amer. Stud., SF State. Rm. 125, MCB. Noon-1 p.m.*

  George Washington Carver Academic Elementary School Choir. Cafeteria, MZ. Noon.

  MLK Award Winners Presentation/Reception. Honor this year's awardees and listen to the UCSF Gospel Choir. Millberry Conf. Cntr. 4-5 p.m.
- Wed., Jan. 19: MLK Cultural Festival. Featuring entertainment, food & crafts. Millberry Gym. 11:30 a.m.-1:30 p.m.*

  Physicians for a Violence-Free Society. Ellen H. Taliaferro, Surg. Brown Bag Lecture. HSW 300. Noon-1 p.m.*
- Thurs., Jan. 20: *Health Care Reform: A Focus on Minorities.* Haile Debas, dean, School of Med. Herbst Hall, MZ. Noon-1 p.m.*

  Accessibility of Health Care. Elizabeth Parent, Native Amer. Stud., SF State. Carr Aud., SFGH. Noon-1 p.m.*

  Valuing Cultural Diversity in the Workplace. Claire Adams-Ender, former Army Nurse Corps Brigadier General. Toland Hall. Noon-1:30 p.m.*
- Fri., Jan. 21: *Border Control & Immigration.* Panel discussion. Toland Hall. Noon-1 p.m.*

  Bay View Opera House Community Choir performs. Cafeteria, MZ. Noon.
- Sat., Jan. 22: *Fires in the Mirror: Crown Heights, Brooklyn & Other Identities.* Anna Deavere Smith, author, teacher & performer. Berkeley Rep. Theater. 8 p.m. (This performance is sold out.)*

January 15-28, 1994

MOUNT ZION VOLUNTEER ORIENTATION: Program to acquaint prospective volunteers with opportunities available in the UCSF/Mount Zion Medical Cntr. Herbst Hall, MZ. 9:30-11:45 a.m. Call 885-7353.*

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

RAPE PREVENTION EDUCATION PROGRAM PRESENTATION: *When Enough Is Enough: Where Do We Draw the Line?* Marcia Perlstein, N Berkeley Psych. Inst. & Cotton Batte, Crisis Control, discuss the Bobbitt trial and why women fight back through desperate measures. Toland Hall. Noon-1 p.m.*

HISTORY OF HEALTH SCIENCES LECTURE SERIES: *Enlightenment & the Medicalisation of the Hospital: Ideology, Patronage, Staff & the Sick Poor, 1750-1800.* Part of the series "From House of Mercy to Biomedicine's Showcase: A Retrospective of Hospital Life." HSW 300. Noon.*

ORAL BIOLOGY 220 SEMINAR: *TMJ Implants.* Donald A. Curtis, Rest. Dent. S 664. Noon-1 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

MEDICAL CENTER VOLUNTEER ORIENTATION: To acquaint new & potential volunteers with opportunities available in the Medical Center at UCSF. LPPI Aud. 5:30-8:30 p.m. Call 476-1196 for information.*

CRI/HEMATOLOGY-ONCOLOGY FELLOWS DIDACTIC COURSE. M 1296. 6-7 p.m.

MOUNT ZION MEETING

Regular monthly community meeting to discuss any issues of concern, including construction plans, related to the UCSF/Mount Zion campus. Herbst Hall, MZ. 7 p.m. Call 476-3206.*

26 Wednesday

SURGERY GRAND ROUNDS: M & M Conference. Toland Hall. 7-8 a.m.

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

GASTROENTEROLOGY SEMINAR SERIES: *Conscious Sedation Monitoring.* Donald Lum, GI. S 214. 8-9 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

ENDOCRINE GRAND ROUNDS: *Hormonal Basis of Metabolic Brain Damage.* Allen Arieff, Med., Ger. & Neph. Div., VAMC. LPPI Aud. 8:30 a.m.

GASTROENTEROLOGY GRAND ROUNDS. S 214. 9-10 a.m.

BROWN BAG LECTURE SERIES: *1993 New Tax Act: Sweeping Changes.* Leona Lau, Fin. Plan. & Benefits. Sponsored by Campus Tours/Speakers Bureau. HSW 300. Noon. Call 476-4394.*

PSYCHIATRY GRAND ROUNDS: *Recovered Memories Through Therapy.* Richard A. Shadoan, Psychr. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

PROGRAM ON CONSCIOUS & UNCONSCIOUS MENTAL PROCESSES CLINICAL RESEARCH SEMINAR: *Studying Bereavement in Parent Populations.* Byrna Siegal, Psychr. LPPI 190. 2-3 p.m.

SEMINARS IN BIOLOGY: *Cell Migration & Axonal Pathfinding in the Nematode* C. elegans. Gian Garriga, Mol. & Cell Bio., UCB. HSW 300. 4 p.m.

TRANSFUSION MEDICINE CORE CURRICULUM LECTURE: *RBC Antibodies: Antibody Screen, Crossmatch, Coombs Test.* Maurene Viele. L 535. 4-5 p.m.

UROPATHOLOGY CONFERENCE. M 464. 5-6 p.m.

GREAT EXPECTATIONS PROGRAMS FOR PARENTS: *Infant & Child Emergency Care.* Learn how to respond to signs of illness, accidents, animal bites & accidental poisonings. Co-sponsored by UCSF Health Net. $5 indvidual/$7.50 couple. A 326. 6:30-9 p.m. Call 476-6667.*

OUTDOORS UNLIMITED SLIDE PRESENTATION: Stef Dutton presents slides of her British Columbia to Baja California paddle. Sponsored by Outdoors Unlimited and Bay Area Sea Kayakers (BASK). HSW 301. 7 p.m. Call 476-2078.*

THE NEXT DEADLINE

Tuesday, January 18, 1994 is the deadline for items to be listed in the next calendar, which covers **January 29-February 11, 1994** (two weeks). Complete information must be received in our office in writing by 11 a.m. on that Tuesday. Mail your copy to Michele Firpo at Box 0462, call 476-3257, send a fax to 476-3541, or bring it to UCSF/Laurel Heights, 3333 California St., Suite 103.

27 Thursday

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *CPC.* Lawrence M. Tierney, Med. & Med. Serv., VAMC. Toland Hall. 8-9 a.m.

PEDIATRICS GRAND ROUNDS: *Pediatric HIV-Associated Lymphoma.* Bruce Shiramizu, Ped. S 664. 8-9 a.m.

NUCLEAR MEDICINE GRAND ROUNDS: *Pulmonary Embolism: Clinical Management.* Michael A. Matthay, Med., CVRI, Anes. & ICU. LPPI Aud. 8:30 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *Molecular Cytogenetics & Cancer Progression.* Joe Gray, Mol. Cyto. Preceded by case presentations: *Pediatrics.* S 214. 8:30-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

FAMILY & COMMUNITY MEDICINE PRIMARY CARE LECTURE SERIES: *Ambulatory Assessment & Management of Hyperlipidemia.* Robert Baron, Med., Prim. Care & Cont. Educ. A 455. 10 a.m.-noon.

NEUROLOGY/NEURORADIOLOGY CONFERENCE. N 729. 10-11 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

LESBIANS & THE LAW

One Step Forward, Two Steps Back: Lesbians & the Law. Liz Hendrickson, attorney & Natl. Cntr. for Lesbian Rights, looks at controversial cases involving lesbian mothers and reviews political and civil rights developments for lesbians in 1993 and what to expect in 1994. Co-sponsored by UCSF Gay, Lesbian & Bisexual Assn. HSW 300. Noon-1 p.m.*

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEURORADIOLOGY GRAND ROUNDS. HSW 303. 4 p.m.

NEUROSCIENCE SEMINAR: *Signal Transduction & Transcriptional Regulation in the Development of the Insect Central Nervous System.* Kai Zinn, Bio., CA Inst. Tech. HSW 300. 4 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 5-6 p.m.

ARTS & PERFORMANCES COLE HALL CINEMA: *Like Water for Chocolate.* UCSF students & MU members $2.50; students, seniors & UCSF employees $3; general $3.50. Cole Hall. 5:45 & 8:15 p.m. (Movies subject to change.) Call 476-2542.*

WEIGHT MANAGEMENT FOR TEENS

Shapedown is a ten-week course teaching weight management techniques to teenagers. $75 for Health Net members, $275 general public. 6:30-7:45 p.m. Call 476-4575 for more information.*

28 Friday

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 7:30-8:45 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

CHILD & ADOLESCENT PSYCHIATRY CONFERENCE: *Aggression & Violence in Adolescents: Where Are the Limits & Constraints?* Megan Burns, Child & Adol. Psychr. LPPI Aud. 10:30 a.m.-noon.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *Illumination the Quest . . . A Tarot Board Game.* Alexa Young says to bring personal questions. N 721. Noon-1 p.m. Call 584-4416.*

SFGH PROGRAM IN CELLULAR & MOLECULAR MEDICINE SEMINAR: *Familial Defective ApoB100.* Thomas L. Innerarity, Path. & Gladstone. Rm. 3208, 2nd fl., Bldg. 30, SFGH. Noon.

ARTS & PERFORMANCES COLE HALL CINEMA: *Like Water for Chocolate.* UCSF students & MU members $2.50; students, seniors & UCSF employees $3; general $3.50. Cole Hall. 6:30 & 9 p.m. (Movies subject to change.) Call 476-2542.*

*Open to the public.

ONGOING SUPPORT GROUPS

MONDAY

JEWISH WOMEN'S DIALOGUE GROUP: Meets every other Monday. Call 546-6423 for meeting dates & locations.*

FRIENDS OF LOIS AL-ANON MEETING: Closed meeting: for friends & families of alcoholics only. Conf. Rm. A, 3rd fl., MCB. Noon.*

UCSF AIDS HEALTH PROJECT MEDITATION & SELF-HYPNOSIS WORKSHOP: Weekly discussion group for anyone dealing with HIV or AIDS in themselves or others. Gazebo Rm., Davies Med. Cntr. 7-9 p.m. Call 476-3902.*

TUESDAY

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. A 222, LPPI. 10 a.m.-noon. Help-line at 759-7923 provided daily, 7 a.m.-10 p.m.*

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

PARKINSON'S DISEASE EDUCATION & SUPPORT GROUP: For people with Parkinson's & their caregivers. Third Tues. of the month (except August). Christ Church, Lutheran, 1090 Quintara (at 20th Ave.). 2-4 p.m. Call 476-9276.*

LUPUS SUPPORT GROUP: Second Tues. of the month. C 127, MZ. 7-9 p.m. Call 773-9356.*

BRAIN TUMOR SUPPORT GROUP: First Tues. of the month. S 758. 7:30-9 p.m. Call 296-0404.*

WEDNESDAY

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. Observers welcome. C 517. Noon-1 p.m.*

LATIN WOMEN COALITION: For Latina faculty, staff & students. Noon-1 p.m. Call Betty Jerez at 476-7117 for meeting places & dates.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. Conf. Rm. A, 3rd fl., MCB. 12:05 p.m.*

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. Two locations & times: A 222, LPPI, 1-3 p.m., and N 517, 7-10 p.m. Help-line also provided daily, 7 a.m.-10 p.m. at 759-7923.*

DIRECTIONS: A support/education group for newly diagnosed breast cancer patients. 4th fl. lounge, 2356 Sutter, UCSF/Mount Zion. 5-6:15 p.m. Call 885-7529 or 476-5555.*

SUPPORT GROUP FOR WOMEN LIVING WITH LIFE-ALTERING ILLNESS: Alternate Wednesdays. 6-8 p.m. Call 775-2854 to preregister & for meeting location.*

EATING DISORDERS SUPPORT GROUP: Open to anyone dealing with an eating disorder in themselves or others. First & third Wednesday of each month. M 688. 7-8:30 p.m. Call 332-3425.*

"AT THE HEART OF IT" CARDIAC SUPPORT GROUP: For heart patients experiencing fear, anxiety, confusion & stress. A six-week series. Call Kathleen Congdon at 885-7227.*

SUPPORT GROUP FOR FAMILY/FRIENDS OF THOSE WITH MENTAL ILLNESS: Open to anyone interested in learning more about psychiatric disorders & their treaments. Call Laura Deering-Mayclin at 476-7394 for more information.*

THURSDAY

LESBIAN LUNCH GROUP: Monthly on Thursdays. Call 476-5222 for meeting dates & locations.

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A222. 6 p.m.*

FRIDAY

CIRCLE OF SISTERS: Networking forum for black women working & studying at UCSF. Most Fridays. L 535. Call 476-5836.

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. C 417. 12:10-1 p.m.*

LAKESIDE SENIOR MEDICAL CENTER CAREGIVER SUPPORT GROUP: Meets on the first Friday of each month. $10 per meeting. 2501 Ocean Ave. at Junipero Serra. 2-4 p.m. Call Edith Kaplan at 986-2305.*

DEVELOPMENT & TRAINING

For further information call 476-4032.

UCSF Budget Process. Fri., Jan. 28. 9 a.m.-4:30 p.m. $40.

Vendor Payments. Tues., Feb. 1. 1-4:30 p.m. $40.

Demystifying Gift/Private Grant Acceptance. Wed., Feb. 2. 1-4 p.m. $40.

Medical Terminology: An Introduction. Thurs. & Tues., Feb. 3, 8, 10 &15. 2-4:30 p.m. $90.

Coping with Difficult People. Fri., Feb. 4. 8:30 a.m.-4:30 p.m. $75.

Sexual Harassment: Issues & Answers. Fri., Feb. 11. 8:30 a.m.-noon. $40.

Preventing & Resolving Sexual Harassment (for Supervisors & Managers). Thurs., Feb. 17. 1-3:30 p.m. $15.

Pre-Supervisory Training. Wed. & Fri., Feb. 23, 25, Mar. 2 & 4. 9 a.m.-noon. $90.

CONTINUING EDUCATION

MEDICINE

For program information call 476-4251, registration 476-5808 unless otherwise noted.

The California Trauma Conference. SF. Jan. 19-22.

Occupational & Environmental Medicine. Miyako Hotel, SF. Jan. 31-Feb. 4.

Epidemiology of Infectious Diseases. SF. Feb. 2-4.

Pediatric Dermatology for the Primary Care Physician. SF. Feb. 4-5.

Behavioral Pediatrics: Child & Family Therapy. SF. Feb. 5.

Update in Behavioral/Developmental Pediatrics. Millberry Conf. Cntr. Feb. 5.

The 27th Annual Recent Advances in Neurology. SF. Feb. 17-19.

Eleventh Annual Office-Based Sports Medicine. Park City, Utah. Feb. 19-26.

Ninth Annual Primary Care Medicine: Concepts & Controversies. Squaw Valley, CA. Feb. 20-25.

Diabetes Update. Sheraton Palace Hotel, SF. Mar. 17.

Second International Symposium on Symptom Management. SF. Mar. 17-19.

Sixteenth Annual Infectious Diseases in Clinical Practice. Squaw Valley, CA. Mar. 17-19.

Advances in Endocrinolgy & Metabolism. Sheraton Palace Hotel, SF. Mar. 18-19.

Annual Review in Family Medicine: Controversies & Challenges in Primary Care. Nikko Hotel, SF. Mar. 23-25.

DENTISTRY

For further information call 476-1101.

Video Imaging: Can Treatment Results be Predicted? Miyako Hotel, SF. Jan. 28.

The New Revolution in Periodontal Diagnosis & Treatment: What Every Clinician Needs to Know. UCSF. Feb. 4.

Complication Avoidance in Oral Surgery with Current & Future Uses of Lasers in Dentistry. Stockton Hilton. Mar. 4.

Third Annual Study & Ski in Squaw Valley. Mar. 4-5.

Preventing & Managing Medical Emergencies in Dental Practice. UCSF. Mar. 19.

Dentistry Down Under: Australia Travel Course. Sydney, Gold Coast & Great Barrier Reef. Apr. 16-29.

Periodontics: Timely & Time-Tested Treatments. Red Lion Hotel, San Jose. Apr. 23.

Local Anesthesia Revisited: Problems & Solutions. UCSF. Apr. 30.

BEAR-LY NEW THRIFT SHOP

The Bear-ly New Thrift Shop is open for shopping and donations. They accept clothing, housewares, jewelry, dry goods and more. No furniture. Part of the proceeds benefits the Hospitals Auxiliary for pediatric and patient amenities. 1752 Fillmore St. between Sutter & Post. Hours: 11 a.m.-4 p.m., Monday-Saturday. Call 921-2789.

AIDS/ARC/HIV+ SUPPORT

Anonymous & confidential caring, support & training for people with AIDS, those who have tested HIV positive & others affected by the epidemic. Sponsored by UCSF AIDS Health Project. Call 476-6430.*

If you are a woman who is HIV positive and can't get medical care because of practical needs, call Marisa Davis at the Women's Advocacy Program at 476-0654 for help with child care, transportation, medical care and social services. "Hablamos Español."

Individual Risk Assessment & Referrals. By appointment.

Facilitated 8-week Groups. For anyone affected, at risk or infected.

Drop-in Group for the Recently Tested.

Positives Being Positive. Support groups in the community meet regularly. Call 476-3902.

Major overhaul of MCB's ventilation system begins next week

Vice Chancellor David J. Ramsay announced in early January plans to begin work as soon as possible on an overhaul and repair of the Mission Center Building's ventilation system.

Ramsay expects the project to begin within a week. The decision to move ahead with the overhaul was made after reviewing the results of comprehensive new studies of employee health concerns, air quality, and the mechanical condition of the ventilation systems in the building.

The new studies found no contaminants in the building's air and no clusters of complaints among workers in the building, but the results revealed significant problems in providing adequate fresh air to all parts of the building.

Background

MCB employees began complaining of odors and poor air quality more than 10 years ago before the building was acquired by UCSF. Soon after, the Environmental Health & Safety Office began a series of air quality surveys in an attempt to locate the source of any problem.

Early last year, EH&S found a detectable contaminant in the building's air for the first time since they began taking air samples. A paint chemical called diisocyanate was measured at levels nearly 100 times below state safety standards. Since then, no air samples taken at MCB have contained any kind of detectable contaminant, including diisocyanate.

Employee complaints about sore throats, dry eyes, and other health concerns have continued, and UCSF decided several months ago to conduct an employee health survey and to obtain opinions from experts in air quality and ventilation systems in an attempt to resolve the situation.

Employee Health Survey

A team of occupational health experts led by Robert Harrison, associate clinical professor of medicine, surveyed MCB workers about their health concerns.

• A total of 439 people, or 56 percent of those who work in the building, responded to the survey. Researchers hope to increase the response rate through a reminder letter to employees who failed to answer.

• Most of the problems reported by MCB employees are symptoms associated with inadequate ventilation — dry and strained eyes (reported by 48 percent of those responding), sneezing (43 percent), stuffy nose or congestion (43 percent), fatigue (41 percent), sore or dry throat (30 percent), runny nose (30 percent), and headaches (28 percent).

• A preliminary analysis of the results found no concentration of employees with symptoms on any of the building's six floors. Most floors, however, are served by more than one of the building's eight separate ventilation systems, and researchers will next search for any concentrations of employees with symptoms in areas served by each ventilation system.

Air Quality Evaluation

UCSF contracted with Indoor Environmental Engineering of San Francisco to test Mission Center air samples for a wide range of possible air contaminants. Engineers used the most modern and accepted technology to conduct the tests but found no significant contaminants.

• Compounds for which air samples were tested included carbon dioxide, carbon monoxide, volatile organic compounds, formaldehyde, microbiological contaminants, total suspended particulates, silica, total suspended fibers, airborne metals, and isocyanates (including diisocyanates).

• Charcoal filters installed in the building's air intake vents last year work adequately but may be insufficient to remove the odor of paint fumes from the auto body shop located next to Mission Center. The report recommended studying other types of filtration systems.

• The report concluded that several locations in the building do not receive enough fresh air under some circumstances, particularly during cold periods when less outside air is drawn into the building in order to maintain indoor temperatures.

• Inadequate ventilation in the building correlates with the two most frequently cited problems in the employee health survey — "stuffy, stagnant" air (reported by 46 percent of the respondents) and air temperatures that are "too hot" (reported by 37 percent).

Ventilation System Report

Fisher O'Connell Associates, Inc. of San Francisco analyzed the current ventilation systems at MCB and found a number problems.

• Zone temperature controls are out of calibration or broken.

• Some fans are too small to move an adequate supply of air to certain parts of the building. The ventilation system provides only two-thirds of the air demand in some cases.

• Ducts are undersized, and considerable duct leakage is reported as a result of worn and inadequate joints.

• A variety of additional design problems and mechanical failures are identified as contributing sources of poor ventilation in the building.

Immediate repairs recommended to eliminate the stuffy air problem and ensure adequate air flow to all parts of the building are expected to cost between $1.3 million and $1.9 million. Work will begin in those areas of the building identified by engineers as the greatest source of problems.

Copies of the studies are available for review in the MCB manager's office, Rm. 645.

Pay off your credit cards & other good ideas for the New Year

For those who are in the midst of turning over new leaves, Financial Planning's John Beeson has forwarded some ideas for a more financially secure future:

• **Pay off your credit cards.** The national average credit card finance charge is about 16%, so eliminating your credit card balance makes good financial sense. One source of funds may be your 403 (b) plan at UC.

• **Create an emergency cash reserve.** At least one and preferably two or three times your monthly living expenses should be set aside in a savings account or money market fund in case of a small catastrophe.

• **Contribute to the 403 (b) plan.** This will reduce your taxable income (which reduces your taxes) and builds up funds for your retirement. All funds grow tax deferred until withdrawal.

• **Look for future articles on investment options and strategies.** Meanwhile, call 476-9256 for more information on the above or to arrange for personal financial planning counseling.

Someone you know devoted to public service? Award nominations due February 15

Chancellor Martin has circulated a call for nominations for the 1994 Chancellor's Award for Public Service. The purpose of the award is to recognize and reward faculty, students and staff of UCSF who have performed extraordinary public service.

Three awards are made each year, two of which are designated the Thomas N. Burbridge and Edison Uno Public Service Awards, named after UCSF leaders who were champions for public service.

The awards are for $1,000 each, with an additional $100 given by the Black Caucus for the Burbridge Award. The awards will be presented during the Founders Day festivities in late April.

Nominations are due in the Public Affairs Office, Box 0462, by Tuesday, February 15, 1994. For a nominating form with complete criteria, call Katherine Riordan, 476-0729.

UCSF volunteers assist SF high school students with hands-on biotechnology

Thanks to the assistance of UCSF scientists, high school students all over the city are learning about biotechnology first hand — by preparing and analyzing bacteria containing recombinant genes.

It's part of the SF BASE program (San Francisco Biotechnology Alliance for Science Education), which was started three years ago by San Francisco teachers with on-going technical support and assistance from UCSF's Science & Health Education Partnership (SEP) program.

From a pilot project involving just two schools, SF BASE now involves 18 teachers at 9 different schools and provides access to current science information to general biology students as well as those in advanced courses. John Murnane of the Laboratory of Radiobiology and Helen Doyle of the Hooper Foundation are members of a steering committee which helps expand the repertoire of up-to-date science experiments made available to the students.

Many additional volunteers are needed to work with students while they do the experiments. According to those who have volunteered in the past, working with the students provides an excellent, nonthreatening introduction to the public high school classroom and gets you involved in one of the many SEP programs coordinated with a variety of San Francisco schools.

For further information contact Margaret Clark, SEP High School Programs coordinator, Box 0905, or call 476-0338.

Asian Pacific celebration T-shirt contest

APASA (Asian Pacific American Systemwide Alliance) again is conducting a poster contest to help celebrate UCSF's Asian Pacific Celebration Week, May 16-20. The design will be used on flyers to publicize the week, as well as on their annual T-shirts available for purchase by the general public.

The winning designer, who will be awarded $200, does not have to be affiliated with UCSF. Deadline for submission is Monday, January 31.

The design must include UCSF (complete name or abbreviation), and the words "Asian Pacific Celebration," and *must not* contain the date. Up to five colors may be used.

For further information, call Carol Shea at 476-3489.

Fund Performances

For those invested in the 403(b) Plan and the After-tax plan, here are the latest unit values and monthly factors (as of Nov. 30, 1993). The new annualized yield reflects the annual yield that could be achieved if the current monthly rate were compounded for one year.

	Monthly Values	Annual Rate	Annualized Yield
Savings	.0055	6.69%	6.80%
Money Mkt	.0027	3.27%	3.27%
ICCF	.0065	7.92%	8.10%

	Unit Value	12-Month Change	Annualized Yield/3 yr.
Bond	$65.38	23.6%	17.3%
Equity	$97.53	7.7%	15.4%
Multi-Asset	$14.48	10.3%	11.9%

The investment results, as measured by total return figures given above, represent past performance and should not be considered indicative of future results. If you have questions, please call 476-9256.

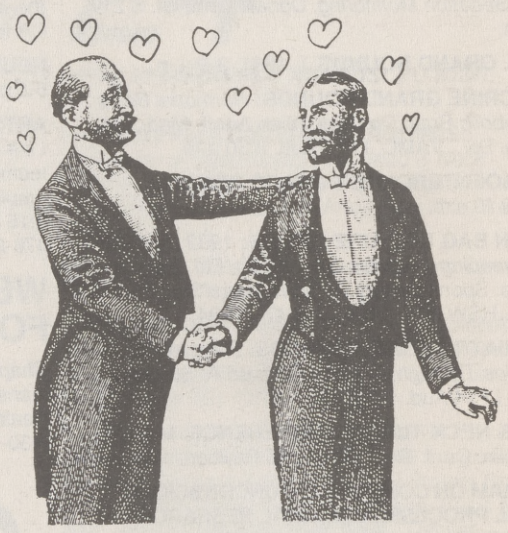
Fun Zone

Meet your dream date at UCSF

EMPACT! is looking for recruits for a *UCSF Dating Game* to be held on Valentine's Day in Cole Hall, noon to 1 p.m.

According to EMPACT!'s Buffy Sexton, they're planning two straight games and one gay game, and applicants should be "risk-takers who are enthusiastic, fun loving, outgoing and have a sense of humor." EMPACT! will provide "dream dates" for the matched couples, possibly involving air travel — details forthcoming.

Applications are due Thursday, January 20. Call EMPACT! for more information or an entry form, 476-2675.



Dating Game: One gay game and two straight games.

Also on the calendar:

• **MLK Week.** Many activities, beginning Tuesday, January 18. See page 1 for details.

• **Kayaking enthusiasts.** (1) Slideshow: "Sea Kayaking in Southeast Asia" to be presented by Scott Roberge on Tuesday, January 19, at 7 p.m. in HSW 301. (2) Bay Area Sea Kayakers (BASK) meeting and slide show of Stef Dutton's British Columbia to Baja paddle, Wednesday, January 26, 7 p.m., HSW 301. Call Outdoors Unlimited for more information, 476-2078.

• **Free Knot Workshop.** Thursday, January 27, 7 p.m., Millberry Conference Center. For people who really want to learn their knots. Bring a 6-foot length of 1/4 line. Free, but sign-ups required. 476-2078. Sponsored by Outdoors Unlimited.

• **How to trek in the Himalaya.** Slide show. Thursday, February 3, 7 p.m., Millberry Conference Center. To be presented by Effie Fletcher, Sierra Club leader and owner of the SF-based Himalaya High Treks. Sponsored by Outdoors Unlimited. Call 476-2078.

How high is your cholesterol?

Do you know what your cholesterol level is? The Millberry Fitness Center is offering screenings on Tues., Feb. 1, and Wed., Feb. 2, from 7 to 11:30 a.m. The test includes values for HDL, LDL, Triglycerides and glucose. The cost is $30 (students), $35 (staff), $40 (public). There will be a free lecture on Tues., Feb. 15, 12:15 to 1 p.m. to explain the test results and offer tips on lowering your blood cholesterol level. Sign up at Millberry Fitness Desk by Fri., Jan. 28. Call 476-1115.

Learn sign language

The Department of Psychiatry's Institute on Mental Health and Rehabilitation is offering to the campus community a six-week intensive introduction to American Sign Language. The instruction will take place on Mondays, Wednesdays and Fridays from 8:30 to 10 a.m., January 31 through March 11, in LPPI 373. Daniel Langholtz, a licensed clinical social worker who is deaf, will teach the course. For fee information and to register, call Elizabeth Charlson, 476-7099 (voice/TTY).

Oral steroid dependent asthmatics

Individuals with oral steroid dependent asthma for at least the past three months are needed for a study testing the effectiveness of IV immunoglobulin. Recent research suggests high doses of IVIg may help some patients with asthma decrease their medication and symptoms. Non-smokers only. Call Susan Alquist, 476-0848, ext. 2, for more information.

Medsounds Continued

Neurocutaneous Clinic now open for referrals

Clinical nurse specialist Sioban Geary sends word that a new clinic has been organized, the Neurocutaneous Clinic, co-directed by neurosurgeon Michael Edwards and neurologist William Mobley. Geary is clinic coordinator.

The new clinic specializes in neurocutaneous disorders, a group of diseases characterized by skin manifestations and nervous system involvement, explains Geary. The most common of these diseases is neurofibromatosis, sometimes called "Elephant Man's Disease," in which tumors grow along various types of nerves, often affecting the development of non-nervous tissue, such as bones or skin.

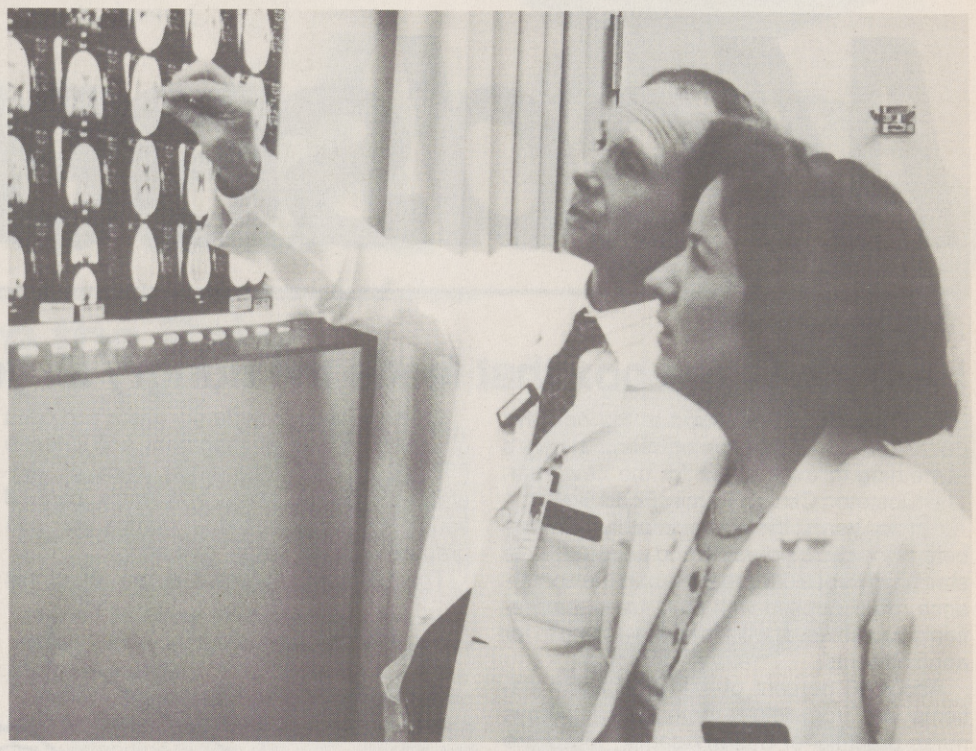
The second most common is tuberous sclerosis complex, characterized by epileptic seizures and varying degrees of mental retardation, and accompanied by benign tumors of the brain and frequently skin lesions.

These and other neurocutaneous disorders often affect multiple body systems, requiring the involvement of a variety of medical disciplines. In the past, many patients with these disorders have received care at UCSF, says Geary, but not in a coordinated fashion, as would best suit the complex diagnostic and follow-up needs of this population.

Thus, a large group has pulled together, including, in addition to Edwards, Mobley and Geary: adult neurosurgeons Philip Gutin and Lawrence Pitts, adult neurologist Ellen Mack, pediatric neurosurgeon Sam Ciricillo, child neurologist Daniel Bluestone, neuro-ophthalmologists William Hoyt, Creig Hoyt and William Good, geneticist Mahin Golabi, dermatologists Ilona Frieden and Mary Williams, otolaryngologists Robert Jackler and Michael Lanser, radiologists James Barkovich and William Dillon, orthopedist Serena Hu, and social workers Margaret Burke and Donna Hieshima.

Early diagnosis is an essential component of effective management for these diseases, says Geary. But the current feeling is that perhaps many cases go undiagnosed or misdiagnosed until an advanced state of the disease. Thus, community and physician education will be part of the agenda of the new clinic. The clinic also expects to be closely aligned with the respective foundations and associations connected with these diseases.

For further information or referrals, call the clinic directly at 476-3338.



Edwards (left) and Geary

In addition to interpreters Natasha Krispinovich (second from left) and Daniel Vickers (right), Patient Relations has two other new members, Allan Gallanter (left), AAIII and information specialist, and James Steinway (second from right), AAI and interpreter dispatcher.

Two new Russian interpreters introduced; 15 volunteer interpreters honored

As the patient population at UCSF continues to become more and more international, the need for interpreters continues to escalate. This was demonstrated by an announcement at a December reception sponsored by the Patient Relations department for volunteer interpreters from the UCSF staff: From December 1992 through November 1993, volunteer interpreters alone responded to a total of 866 interpretations in 17 languages!

The call for interpretations is so great that there now are five interpreters on staff in Patient Relations. The reception served as an opportunity to introduce two recently hired Russian interpreters, Natasha Krispinovich and Daniel Vickers. Krispinovich and Vickers join Spanish interpreters Zoraida McNulty and Gloria Alonzo, and Cantonese/Mandarin interpreter Stella Koo.

You may know Krispinovich, a native Russian speaker who was born in China and raised in Brazil, from her former incarnation at UCSF as a clinical nurse in Med/Surg and orthopaedics. After a break from work to be with her children, she reappeared on the scene as an interpreter with the Language Bank, a local interpreter service with which UCSF contracts. Her children a bit older now, Krispinovich has returned as a part-time employee.

Vickers, formerly a court interpreter, was born in Latvia, and emigrated to the United States with his family via Israel in 1965. He grew up in New York, formally completing his study of the Russian language and literature at the State University of New York.

Interpreters honored

Also at the reception, 15 volunteer interpreters were honored, 12 from the UCSF staff and 3 from the community. They were selected on the basis of the number of interpretations they performed from the most frequently requested languages:

- Vivien Chan (Cantonese), Dermatology Research
- Mark Higuera (Russian), Epidemiology & Biostatistics
- Mimi Chan (Cantonese), Admissions
- Katherine Moskwin (Russian), retired
- Nikita Derugin (Russian), Radiology
- Lydia Derugin (Russian), Urology
- Barbara Genkin (Russian), retired
- Kay Ambrose (Korean), Clinical Labs
- Nubia Nicholas (Spanish), PreSEP
- Chau Ly Huynh (Vietnamese), Parking
- Lila Kotite (Arabic), CVRI
- Hank Guinn (American Sign), Sterile Processing
- Lucy Filippini (Spanish), community volunteer
- Rossana Bain (Spanish), community volunteer
- Patricia Saura (Spanish), community volunteer

Medi-Cal *(from page 8)*

Medi-Cal recipients.

The second option will be a separate county-wide managed care program currently being developed by a large group representing the county health services system and a number of other public and private concerns, including a UCSF representative (Bill Kerr).

Kerr noted that the latter project is extremely ambitious; by this March the group is required to submit a detailed plan for the program, and by March, 1995, the program must be ready to accept patients.

UCSF is preparing for possible participation in the "mainstream plan" by agreeing to enroll up to 10,000 San Francisco Medi-Cal recipients through Health Net, starting with a pilot program in 1994 with about 2,000 patients.

At the same time the Medi-Cal program is being brought up on Parnassus, the Medical Center will be accepting patients into a Medicare managed care program centered at Mount Zion, also through Health Net.

With the advent of these pilot programs, said Kerr, the Medical Group and Medical Center are positioning themselves to develop some initial experience with managed care, providing a base for rapid development of larger enrollments.

Special Projects time: Think about what your patients/families really could use...

If ever you have thought, "Our patients could really use..." or "The families would really appreciate...", now is the time to submit a Special Projects funding proposal to the UCSF Hospitals Auxiliary. The deadline for receiving proposals in the Auxiliary Office at L 176 (Box 0208) is Monday, January 31.

Each year the Auxiliary allots money acquired through its fundraising efforts to provide extras to help ease a hospital stay for patients and/or their families.

To be considered for funding, the project must be based in a Medical Center unit and it must be a specific project (not part of a larger project). Excluded are projects involving capital construction, medical equipment and those associated with research, salaries or consultant fees.

Last year more than $40,000 was committed for patient amenities, such as:

- foreign language videos and cassettes
- teddy bears for pediatric patients
- sleep chairs for family members
- rocking chairs
- TVs and VCRs
- TV decoders for hearing impaired patients
- audiotapes for blind patients
- eyeglass holders for surgery patients
- artwork for decor improvement

Larger grants included refurbishing two hospital solaria (all-purpose rooms on the units) and a $10,000 pledge toward an emergency transport vehicle.

For further information or a request form, contact Teru Hirano in the Auxiliary Office, 476-4906.

Distinguished Nurse nominations due Jan. 20

If you've been considering nominating someone for the 1994 Distinguished Nurse Award, it's time to act. The nominations are due in the Department of Nursing, L 171, by Thursday, January 20.

Now in its 11th year, the Distinguished Nurse Award is among the most prestigious awards available within the Department of Nursing at Mount Zion and Parnassus. "It symbolizes innovation and excellence in professional nursing at UCSF," says award committee chair Pamela Minarik.

Those eligible include clinical nurses I, II, or III or administrative nurse I at either site. The selection criteria is based on a nurse's project or approach to nursing practice, leadership or education. For further criteria and submission information, call Judy White, 476-3162.

The award, which will be formally presented during the Founders Day ceremonies at the end of April, carries a $1,000 cash prize.

Buretta & Yamahiro: New positions in ACC

Carolyn Buretta and Phil Yamahiro both have accepted new positions in the Ambulatory Care Center. Buretta has been selected practice manager for the Family Medicine Center and the new Lakeshore Plaza satellite. Yamahiro is the new practice manager for the Neurology, Pediatrics and Dermatology Faculty Practices.

(You may recall an earlier article in *Medsounds* introducing new ACC chief Suzanne Sullivan, in which she announced the intention to establish several practice manager positions to oversee the business affairs of groups of clinics.)

Buretta, a UCSF employee for 19 years, has served as charge nurse in intensive care and post anesthesia care, and as an administrative nurse in the Pain Management Center and most recently in the Family Medicine Center. She will be devoting much of her energy in the coming months to setting up the new Lakeshore satellite (see article, page 8.)

Yamahiro came to UCSF seven years ago as a PEW management fellow in Medical Center Administration. For the past five years he has served as an associate administrator in the ACC, providing financial management and analysis for all of the faculty share practices.

"Dinner a la Heart" for Institute on Aging

The 11th annual "Dinner a la Heart" to benefit the Mount Zion Institute on Aging will take place on Tuesday, February 1, beginning at 7 p.m.

Participants can choose to dine at one of 80 fine restaurants in San Francisco, Marin, the Peninsula and East Bay at prices of $40, $60, $80 or $100. Some of this year's participating restaurants include Boulevard, Moose's, Fringale, 231 Ellsworth, Il Fornaio, Postrio, Bizou and Flytrap.

The Mount Zion Institute on Aging, a component of the UCSF/Mount Zion Center on Aging, provides a range of services to help older adults in their homes and with their families.

For further information on the benefit, call 750-4120

Lakeshore Clinic *(from page 8)*

outside UCSF: Melissa Welch, Katherine Kochurek, Dan Null, Don Ng and David Campa.

The pediatric group will be headed by Gerald Harris, who for many years has headed a UCSF-affiliated Daly City group. He will be joined by pediatrician Mary Ann Fernandez and nurse practitioner Diane Gee, also from the Daly City practice.

The Lakeshore Clinic will be the third UCSF satellite clinic operated by the Ambulatory Care Center, according to the ACC's Suzanne Sullivan. The new clinic is part of an effort to expand UCSF's primary care services, while making these services more convenient to the public, she says. Down the line, the clinic also will serve as training ground for the recently expanded primary care education program at UCSF.

Volume 9, Number 1 January 15-28, 1994

UCSF

Medsounds

New Year's idea:

Help stock the box that feeds the hungry all year 'round

Before the charitable mood of the holidays gets stowed away for the off-months, here's something to think about for the new year: The Obstetric Clinic's Family Food Box.

For two years, the approximately 10 members of the clinic's nursing and administrative staff have kept a cardboard box in the conference room stocked with food items that patients can select at will when they come in for appointments.

About 90 percent of the OB Clinic's patients are from low-income families, says nurse practitioner Susan Adams. "Many are single mothers experiencing tough times," she says. "Some have lost their jobs, some are homeless. Even with food stamps, many have a problem providing enough food for their families."

The box is kept inconspicuously in a closet and patients are invited to help themselves. Many do, says Adams, but in the two years they've been providing this small-scale program, she knows of no case where people took more than their share. "No one abuses it," she says.

Adams notes that after watching the enthusiastic response to the recent campuswide food drive during the holidays, it occurred to her that people outside their department might like to participate in keeping the box stocked.

Favorite items include dry pasta and cans of sauce, boxes of macaroni and cheese ("Those go fast," she says), cans of vegetables and fruit, beans and lentils, canned soups, instant oatmeal — "things you can prepare on a hot plate," she adds.

The patients represent a mix of ethnic groups, so all kinds of ethnic foods are welcomed.

If you're interested in helping, you can bring your items to the clinic on the eighth floor of the ACC (A 860). When you get off the elevator, head north. It's the reception desk on the left.

7 Long took a first place in the decorating contest for its Little Mermaid motif

Think back to December for a moment ...

Alas, the December *Medsounds* schedule did not coincide with the judging of Medical Center departments entered in the holiday decorating contest sponsored by the Managers Advisory Group (MAG). Thus, as you read the following roster of winning departments, you must think back to those days four weeks earlier when you were traipsing through the corridors of Mount Zion and Parnassus and admiring the gaily bedecked walls and halls and doors.

Hopefully, your travels took you past 7 Long, which won first prize in the Parnassus nursing unit category. The staff followed the theme of "Holiday by the Bay" with a "Little Mermaid" motif throughout the unit. (8 Long came in a close second with their cityscape silhouettes and shell-bedecked tree.)

The cashiers unit took first place in the support services category, and deservedly so. Every year, contest or no, this small unit tucked away near the Moffitt lobby decorates with great enthusiasm, and this year was no exception.

There was a new category this year — Mount Zion — and contest coordinator Inez Wieging says her committee was so pleased to find that Mount Zion submitted the most entries of all. The winning department was Ambulatory Surgery, which was floating in snowflakes for the holidays. Not necessarily indicative of a "Holiday by the Bay" — but extremely attractive nonetheless, and, according to one employee, now that the decorations have been removed, people are commenting on how much they miss them.

The purpose of the decorating contest, according to MAG chair Rod Seeger, was to brighten the mood for patients and employees, and that it did. On behalf of MAG and the Medical Center community, Seeger extends his thanks to all those who participated.

Choosing a doctor? Consider the new Lakeshore District primary care clinic

If, following the recent Open Enrollment period, you are in the midst of selecting a health care provider, you may want to consider signing with a provider who will practice at the new ACC satellite clinic located in the Lakeshore Plaza shopping center at 34th Avenue and Sloat Blvd. near the SF Zoo.

The new clinic won't open until April, but if this location is convenient for you, you can go ahead and sign up with a practice that will be moving. The clinic will be a collaborative group practice for family medicine, general internal medicine, pediatrics, dermatology and behavioral medicine.

How to proceed? Call one of two numbers: If you are a member of Health Net or TakeCare, call the UCSF Clinical Practice Organization's HMO Programs Office, 476-6400. All other insurances, call New Patient Appointments, 476-9509.

The family medicine practice will include three physicians, Ya'aqov Abrams, a family physician who currently practices on Parnassus; and two new physicians, Janni Santelli, who practices family medicine and obstetrics, and Albert Yu, a family medicine practitioner who speaks Cantonese and Mandarin.

The internal medicine group, to be headed by UCSF internist Thomas McAfee, will include a number of recruits from inside and

(continued on page 7)

Managed care update

In mid-December Medical Center director Bill Kerr and assistant director/contracting Reece Fawley met with Medical Center managers to bring them up to date on Medi-Cal and Medicare initiatives taking place within the Medical Center.

They explained that last spring the State Department of Health Services announced a plan to enroll nearly half of the state's Medi-Cal recipients in managed care plans by 1996. For 13 California counties, including San Francisco, they propose to offer managed care through two options.

Under one option, called the "mainstream plan," the State would contract with a single private managed care plan, such as Kaiser or Health Net, to enroll a certain number of

(continued on page 7)

Moving Day

Above, left to right, Manuel Mullen, Esther Williams and Johnnie Collier are among the members of Mount Zion's Outpatient Department who spent the first week of the new year packing their things and moving across the street to 2380 Sutter Street. (The threesome are shown in the new location). The Pediatric Clinic is scheduled to move in about two months to 2233 Sutter Street, and Dialysis is moving in about two weeks to 1675 Scott Street. The building at the corner of Divisadero and Sutter, soon to be former home of all of the above departments, will be demolished to make way for the five-story outpatient cancer center.

A New Year's note from a patient's family member

Normally, thank-you letters from patients aren't published in *Medsounds*, mostly due to the huge volume of letters that come in to the Patient Relations Department. Admittedly, it would be a nice morale booster to have a forum for the letters and phone calls — many of them are exceedingly positive and specifically mention names.

For instance, the other day, an employee of St. Joseph's Medical Center in Stockton named Terri Thompson called the News Office to ask if she could submit a thank-you letter to the campus paper. Her husband, mother, and sister also are health care workers. They could appreciate good care, she said, and what they experienced at UCSF was so exceptional, she couldn't be satisfied until something was published expressing their appreciation. It seemed reasonable to make an exception.

Here's her story: Thompson's husband, Jeff Lobb, was dying, according to Thompson. He had been in three hospitals, undiagnosed but failing steadily, before he came to UCSF. Here, under the care of Daniel Lowenstein, he was diagnosed with meningoencephalitis, a life-threatening viral infection that attacks the lining of the brain and spinal cord. Due to aggressive management and life-support measures throughout a lengthy stay in the Neuro ICU, Lobb pulled through.

Thompson is convinced her husband would not have made it had he not been transferred to UCSF. She says the nursing staff here is the model for what good nursing care should be, and, considering two members of her family are nurses, she feels she is in a position to judge. She thanks the UCSF staff for saving her husband's life and for giving her family the best possible start for 1994.

Thanks for the toys

Despite all the demands during the holidays, people still came through for the toy drive sponsored by the Medical Center's Managers Advisory Group (MAG), according to MAG member Dwight Starr, who coordinated the drive along with Suzanne Gottschalk.

"Even after we had removed the barrels, people still were calling to find out where they could deliver toys," says Starr. The drive produced three-plus large barrels full of good, safe toys, he says, all of which will be distributed to pediatric play areas at both hospital sites for use throughout the year.

"There was a good response at both Parnassus and Mount Zion," says Starr. "Those who contributed should know the effort was appreciated."